

The Muhadharah Method In Improving Public Speaking Skills Among Female Students At Pondok Pesantren Putri Alkhairaat Palu (An Islamic Education Perspective)

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ARTICLE INFO	ABSTRACT
Volume: 4 ISSN: 2963-5489	This research discusses the muhadharah method in improving public speaking skills among female students at Pondok Pesantren Putri Alkhairaat Palu. The main issues addressed in this study are: first, how the muhadharah method is implemented to enhance the public speaking skills of the students at Pondok Pesantren Putri Alkhairaat Palu; and second, what efforts the musyriyah (female supervisors) make in applying the muhadharah method to improve the students' public speaking skills. The purpose of this research is to examine the implementation of the muhadharah method in developing students' public speaking abilities and to identify the efforts undertaken by the musyriyah in applying the muhadharah method at Pondok Pesantren Putri Alkhairaat Palu. This research employs a qualitative approach with descriptive methods. Data collection techniques include observation, interviews, and documentation. Data analysis was carried out in three steps: data condensation, data presentation, and drawing conclusions. To ensure data validity, two techniques were used: prolonged engagement and peer debriefing. The findings of this study indicate that the implementation of the muhadharah method at Pondok Pesantren Putri Alkhairaat Palu has led to improvements in students' public speaking skills. Evidence of this can be seen in the students' ability to deliver their speeches without hesitation or nervousness. Students are assessed based on several aspects: clarity of delivery, audience engagement, material relevance, audience feedback, and learning outcomes. The efforts undertaken by the musyriyah include the use of demonstration methods, role modeling, rewards, and oral guidance. These four methods are applied according to the conditions in the field. The implication is that the muhadharah method at Pondok Pesantren Putri Alkhairaat Palu has successfully enhanced the students' ability to deliver speeches effectively, with approaches such as demonstration and reward further supporting the development of their public speaking skills in front of an audience.
KEYWORD	
Muhadharah Method, Public Speaking Skills, Teaching Strategies.	

1. Introduction

This section should be concise and define the background and significance of the research by considering the relevant literature. Islamic boarding schools (pondok pesantren) play an important role in shaping the character and personality of students, one of which is through the muhadharah method as a medium for public speaking training. Muhadharah is a routine activity of delivering speeches or speaking in public conducted in pesantren. This activity not only trains female

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students (santriwati) in conveying religious messages but also fosters courage, self-confidence, and speaking skills. In the context of Islamic education, this method aligns with the mission of dakwah to deliver goodness, as stated in the Prophet's hadith "Ballighu 'anni walau ayah" ("Convey from me, even if only one verse") and Q.S. Ali Imran: 104.

Public speaking provides significant benefits for female students, not only in the field of dakwah but also in academic, leadership, and social aspects. Through public speaking, students can enhance their critical thinking skills, clarify the delivery of ideas, and overcome the fear of speaking in front of an audience. The muhadharah method contributes to the cognitive, affective, and psychomotor domains, making it an effective medium to develop talents, potential, and experiences of students, both for internal needs within the pesantren and for competitions outside the institution.

Nevertheless, challenges still exist, particularly among 11th-grade students at the MA level, where some students remain less confident, nervous, forget their material, or are unprepared in their delivery. This indicates the need for intensive training, regular guidance, and supporting methods such as demonstration, rewards, and role modeling from the musyrifah to help students optimize their skills. Therefore, muhadharah serves as a strategic step to improve the public speaking abilities of female students and to prepare them as confident and skilled da'i who can actively contribute to society.

2. Literature Review

- a. "The Urgency of the Muhadharah Program in Improving the Public Speaking Skills of Students at Pondok Pesantren Al-Fatah Cileungsi (A Case Study of MTs Al-Fatah Cileungsi Students)". This study employs a qualitative research method with a case study approach. The purpose of this research is to examine the urgency and implementation of the muhadharah program (discussion and speech practice) in enhancing the public speaking skills of students at Pondok Pesantren Al-Fatah Cileungsi. The findings of this study reveal that the muhadharah program plays a significant role in improving students' public speaking abilities, and its urgency is highly relevant for the development of students' communication and speaking skills. (Syahrul, Fauziah et al.;2023).
- b. Public Speaking in Muhadharah Practice to Train the Public Speaking Skills of Female Students at Darurrahmah Islamic Boarding School, Gampong Kotafajar, South Aceh". This research employs a qualitative approach with a descriptive design. The purpose of this study is to examine the development of public speaking skills through muhadharah practice among female students at Darurrahmah Islamic Boarding School. The findings indicate that in the context of muhadharah, the ability to speak in public is essential, as it serves as the foundation for the success of every individual in various fields. (Prilli Prisiska; 2023).
- c. "Implementation of Muhadharah Extracurricular Activities to Improve Students' Public Speaking Skills at MTs An-Najihah Babussalam Kebonsari, Madiun". This research employed a qualitative method with a case study approach. The purpose of this study was to examine how muhadharah extracurricular activities can be utilized to help students become better public speakers at MTs An-Najihah Babussalam Kebonsari, Madiun. The findings show that the implementation of extracurricular activities was successful, as students were able to control their thoughts and concentrate better when asked to perform in front of an audience. Initially, they felt awkward, shy, and fearful, but over time they became more courageous and confident. (Muhammad Fauzan, 2021).

3. Methodology

This study employs a qualitative approach with a descriptive method. The data collection techniques used include observation, interviews, and documentation. Observations were conducted on all activities related to the implementation of muhadharah as a means to enhance the public speaking skills of the female students (santriwati). In-depth interviews were carried out with several relevant parties, including the boarding school supervisors, musyrifah, and santriwati who were directly involved in the muhadharah activities. Documentation was conducted by collecting various physical evidences such as photos, videos, and other supporting documents related to the implementation of these activities. Data analysis was carried out in three stages: data condensation, data display, and drawing conclusions. To ensure the validity of the data, the researcher employed two verification techniques: prolonged engagement in the research environment and peer debriefing to obtain objective perspectives on the research findings.

4. Results and Discussion

The term method literally means “a way”. In general usage, it refers to a procedure or technique used to achieve a specific goal (M. Sobry Sutikno, Metode dan Model-model Pembelajaran, Holistica: Lombok, 2019). The use of appropriate methods facilitates the accomplishment of an activity's objectives. To achieve effective results, diverse methods are required to ensure that an activity is neither monotonous nor directionless. In practice, the variety of methods can foster interest and increase participants' engagement in a learning process. Findings from the research conducted at Pondok Pesantren Putri Alkhairaat Palu demonstrate that the consistent application of the muhadharah method enhances students' confidence in public speaking and gradually improves their rhetorical skills. In Arabic, muhadharah means a speech or lecture. In other words, muhadharah is a form of public speaking with the primary objective of conveying messages that are well received by the audience (Mahmud Yunus, 2015). The stages of a muhadharah activity are as follows:

Material Preparation: This involves selecting a theme or topic and gathering relevant teaching materials. At Pondok Pesantren Putri Alkhairaat Palu, students are required to prepare an outline and consult with a musyrifah to ensure the content and delivery method are appropriate before presenting.

Introduction: This stage introduces the topic and explains the objective of the muhadharah. In practice, students are taught to begin with the recitation of hamdalah and end with a motivational phrase such as “fastabiquil khairaat.”.

Delivery of Material: The speaker presents the material clearly and in a structured manner, using visual aids if necessary. Research findings indicate that students who use illustrations or real-life stories are more successful in capturing audience attention and improving content comprehension.

Interaction: This includes engaging students through questions and discussions to encourage active participation. Practice is also provided through assignments or relevant role-playing sessions. Observations show that this approach boosts students' confidence and sharpens their critical thinking skills.

Evaluation: This stage involves reviewing the material that has been presented. At Pondok Putri Alkhairaat Palu, evaluations are conducted by the musyrifah and fellow students through post-activity discussions.

Conclusion: This involves summarizing key points (Eko Setiawan, 2015). Typically, the conclusion includes a moral message intended to inspire the audience.

Several key aspects must be considered when evaluating students as prospective *da'i* at Pondok Pesantren Putri Alkhairaat Palu, including clarity of delivery, audience engagement, content relevance, audience feedback, use of media and learning tools, and learning outcome assessment. These aspects are further detailed as follows:

- a) **Clarity of Delivery.** This refers to how clearly the material is conveyed and how easily it is understood by the audience. Field observations show that while students generally deliver content well, some presentations lack clarity but are still understandable. For example, when students narrate stories of the Prophets that relate to audience issues, the message becomes easier to grasp. Research supports that communicative language and contextual narratives enhance message effectiveness.
- b) **Audience Engagement.** This reflects the level of audience participation and attention during the muhadharah. Students at the pesantren are enthusiastic about these sessions. One indicator is their habit of taking notes on the key points delivered by the speaker. Observations reveal a positive correlation between active engagement—such as note-taking and questioning—and the audience's understanding.
- c) **Content Relevance.** Content must align with the needs and background of the audience. For instance, a topic on prayer should be addressed using relatable narratives from the lives of the Prophets. In practice, *da'i* are expected to connect the material with real-life contexts to ensure meaningful delivery. Studies show that content aligned with the psychological and social realities of the audience is more memorable and impactful.
- d) **Audience Feedback.** Feedback includes the audience's response to the content and delivery method. At the pesantren, *musyrifah* correct aspects such as pronunciation of verses, insufficient supporting texts, or unsuitable delivery techniques. Peer feedback is also encouraged and plays a crucial role in students' self-reflection. Research indicates that peer feedback is highly effective due to its friendly and constructive nature.
- e) **Use of Media and Visual Aids.** The use of aids such as slides, videos, or props is not yet fully implemented at Pondok Putri Alkhairaat Palu due to a lack of training in media usage. However, visual media has been proven to enrich presentations significantly. For example, images and short videos can enhance audience focus and engagement.

Additionally, leveraging social media platforms such as YouTube, TikTok, and Instagram to share speech clips (*reels*) can broaden the outreach of students' da'wah efforts in the digital space.

- f) **Assessment of Learning Outcomes.** Audience understanding is assessed by *musyrifah*, who evaluate the completeness of hadiths, the depth of content, and the students' communication abilities. Peer feedback is also sought after each performance. This kind of evaluation is essential for improving future performances and enhancing the overall quality of *muhadharah*. Research emphasizes that ongoing evaluation significantly contributes to the effectiveness of oral learning methods

The *musyrifah* plays a central role in the boarding school environment, with the following responsibilities:

- 1) Motivating students in religious and academic activities.
- 2) Serving as a role model and encouraging the use of Arabic and English in daily conversations.
- 3) Monitoring and guiding students; if rules are violated, the *musyrifah* must provide educational and character-building sanctions.
- 4) Assisting in material preparation, including topic selection and content review. At Pondok Putri Alkhairaat Palu, students must validate their material with the *musyrifah* before performing.
- 5) Guiding students on proper opening and closing remarks in *muhadharah*, such as beginning with *hamdalah* and concluding with *fastabiqul khairaat* to reflect spiritual and motivational values.
- 6) Encouraging a clear and systematic structure in the presentation, including the use of media where applicable.
- 7) Fostering interactive learning through discussions, Q&A sessions, and speaking practices.
- 8) Conducting regular evaluations of student performances.
- 9) Providing constructive and developmental feedback to improve students' da'wah delivery.

The essential aspects that must be observed in aspiring *da'i* include clarity of material delivery, audience engagement, content relevance, use of credible literature, rhetorical competence, and ethics in delivering da'wah. These findings are reinforced by field observations that show a marked improvement in students' communication skills after regularly participating in muhadharah programs.

5. Conclusion

Based on the above explanation, it can be concluded that the muhadharah method is one of the effective learning strategies in enhancing the public speaking skills of female students (*santriwati*) at Pondok Pesantren Putri Alkhairaat Palu. Through a systematic approach ranging from material preparation to final evaluation students are trained to become prospective da'i who can deliver religious messages clearly, structurally, and engagingly to an audience.

The role of the *musyrifah* is highly significant in guiding each stage of the muhadharah implementation, both from technical and non-technical perspectives. In addition, key aspects such as clarity of delivery, audience engagement, content relevance, and constructive feedback serve as primary indicators in assessing the effectiveness of this activity. The findings of this study demonstrate that consistent and structured implementation of muhadharah leads to significant improvements not only in public speaking skills but also in students' self-confidence, critical thinking, and religious understanding.

However, there are still several aspects that require further development, such as the utilization of media and visual aids in content delivery, as well as the integration of technology-based evaluation methods. Therefore, the integration of traditional methods with modern approaches in public speaking training will further enhance the quality of young da'i in conveying Islamic messages in today's digital era.

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